Charlotte's Thunder Road Marathon
Neighborhood Guide with Directions and Restrictions

Street Directions	Restriction	Approximate Mile	Lead Runner	85% Clear (5:00:00 Pace)	Time Clear
Start on S.Tryon Street between Stonewall and E. Martin Luther King Jr. Blvd (f/k/a 2nd St) heading North	Unrestricted – All Lanes	Start	7:50 AM		7:54 AM
Turn Right on 3rd Street	Unrestricted – All Lanes	0.20	7:51 AM	7:56 AM	7:56 AM
Third & McDowell		0.75	7:59 AM	8:02 AM	8:06 AM
Turn Left on Charlottetown Blvd. (f/k/a Independence Blvd.)	Restricted to two Northbound Lanes	1.27	7:57 AM	8:08 AM	8:11 AM
Turn Right on Randolph	Unrestricted – All Lanes until crossing Caswell, then restricted to two Southbound lanes	1.35	7:57 AM	8:09 AM	8:12 AM
4th & Caswell		1.67	8:00 AM	8:13 AM	8:19 AM
Turn Right on Colville	Unrestricted – All Lanes	2.25	8:02 AM	8:19 AM	8:24 AM
Turn Left on Providence Road	Two Southbound Lanes	3.50	8:10 AM	8:34 AM	8:42 AM
Clear Wendover on Providence	Same Restrictions	4.28	8:14 AM	8:43 AM	8:52 AM
Turn Right on Sharon Amity	Two Westbound Lanes	5.00	8:18 AM	8:51 AM	9:02 AM
Turn Left on Arbor Way	Unrestricted – All Lanes	5.50	8:21 AM	8:56 AM	9:09 AM
Turn Right on Sedley Rd.	Unrestricted – All Lanes	6.20	8:25 AM	9:05 AM	9:19 AM
Turn Right on Lemon Tree	Unrestricted - All Lanes	6.90	8:30 AM	9:13 AM	9:28 AM
Turn Left on Foxcroft Rd.	Unrestricted – All Lanes	7.10	8:30 AM	9:15 AM	9:31 AM
Turn Left on Sharon Amity	Unrestricted – All Lanes	7.50	8:32 AM	9:19 AM	9:37 AM
Turn Right on Sharon Rd	All Northbound Lanes to Wendover then Unrestricted – All Lanes	7.75	8:34 AM	9:22 AM	9:40 AM
Clear Runnymeade on Sharon	Same Restrictions	8.20	8:36 AM	9:27 AM	9:46 AM
Clear Wendover on Sharon		8.50		9:31 AM	
Turn Left on Chilton Place	Unrestricted – All Lanes	9.15	8:42 AM	9:38 AM	9:59 AM
Turn Left on E. Queens Road	Unrestricted – All Lanes	9.40	8:43 AM	9:41 AM	10:03 AM
Straight as E. Queens Rd. Turns into W. Queens Road (Clear Selwyn Ave.)	Restricted to two Westbound Lanes	9.64	8:45 AM	9:44 AM	10:06 AM
Queens Road W. at Princeton	Restricted to two Westbound Lanes	10.00	8:47 AM	9:48 AM	10:11 AM
Straight onto Kings Drive Crossing East Blvd.	Two Northbound Lanes up to Hosp. Ent. / Brunswick - Then Unrestricted – All Lanes to Morehead	10.75	8:51 AM	9:57 AM	10:21 AM

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Turn Left onto Morehead St.	Two Eastbound Lanes (runners head west facing traffic).	11.40	8:55 AM	10:04 AM	10:30 AM
Turn Left on Berkeley Ave.	Unrestricted – All Lanes	11.90	8:58 AM	10:10 AM	10:37 AM
Turn Left on Lexington Ave.	Unrestricted – All Lanes	12.10	8:59 AM	10:12 AM	10:40 AM
Turn Right on Romany Rd.	Unrestricted – All Lanes	12.20	8:59 AM	10:13 AM	10:41 AM
Turn Left on Myrtle Ave.	Unrestricted – All Lanes	12.50	9:01 AM	10:17 AM	10:45 AM
Turn Right on Park Ave.	Unrestricted – All Lanes	12.55	9:01 AM	10:17 AM	10:46 AM
Turn Right on Euclid Ave.	Unrestricted – All Lanes	12.70	9:02 AM	10:19 AM	10:48 AM
Turn Left onto Morehead St.	Two Eastbound Lanes (runners head west facing traffic).	13.15	9:05 AM	10:24 AM	10:54 AM
Turn Left on College St.	Unrestricted – All Lanes	13.52	9:07 AM	10:28 AM	10:59 AM
Straight as College Street turns into Tryon St.	Two Northbound Lanes (runners head south facing traffic)	13.55	9:07 AM	10:29 AM	11:00 AM
Bear Left on Camden	Unrestricted – All Lanes	13.95	9:09 AM	10:33 AM	11:05 AM
Turn Right on Tremont	Unrestricted – All Lanes	14.40	9:12 AM	10:38 AM	11:11 AM
Turn Right on S. Tryon St.	Two Northbound Lanes	14.80	9:14 AM	10:43 AM	11:17 AM
Turn Left on West Blvd.	Two Westbound Lanes	15.10	9:16 AM	10:46 AM	11:21 AM
Turn Right on Mint St.	Two Northbound Lanes	15.40	9:18 AM	10:50 AM	11:25 AM
Clear Morehead on Mint - Runners are restricted to Northbound two lanes of traffic in front of Stadium on Mint St. b/t Morehead and Stonewall/Graham	Same Restrictions	16.10	9:22 AM	10:58 AM	11:35 AM
Clear Stonewall on Mint	Same Restrictions	16.45	9:24 AM	11:02 AM	11:40 AM
Bear right on Poplar	Unrestricted	16.60	9:25 AM	11:04 AM	11:42 AM
Turn Left on 4th St.	Unrestricted – All Lanes	16.75	9:25 AM	11:05 AM	11:44 AM
Clear Graham on 4th		16.90	9:26 AM	11:07 AM	11:46 AM
Turn Right on Cedar St.	Unrestricted – All Lanes	17.00	9:27 AM	11:08 AM	11:47 AM
Turn Right on Trade St.	Westbound Lanes heading east (runners head east facing traffic)	17.20	9:28 AM	11:10 AM	11:50 AM
Clear Tryon on Trade St.	Same Restrictions	17.75	9:31 AM	11:17 AM	11:57 AM
Turn Left on N. Caldwell St.	Two Northbound lanes on Right Hand side of median. Then two left hand lanes after runners clear 6th St., then right two lanes after runners clear 12th St.	18.05	9:33 AM	11:20 AM	12:02 PM
Clear 11th on Caldwell		18.65	9:36 AM	11:27 AM	12:10 PM
Clear 12th on Caldwell		18.75	9:37 AM	11:28 AM	12:11 PM
Bear Left on Parkwood Ave.	All Northbound Lanes	19.00	9:38 AM	11:31 AM	12:15 PM

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Turn Left on Davidson Street	All Northbound Lanes	19.55	9:41 AM	11:37 AM	12:22 PM
Clear Jordan on N. Davidson		20.10	9:45 AM	11:44 AM	12:30 PM
Turn Right on 35th St.	Unrestricted – All Lanes	20.50	9:47 AM	11:48 AM	12:35 PM
Turn Right on The Plaza	All Southbound Lanes	21.15	9:51 AM	11:56 AM	12:44 PM
Clear Metheson on The plaza		21.32	9:52 AM	11:58 AM	12:46 PM
Bear Left on The Plaza at Parkwood	All Southbound Lanes	22.00	9:55 AM	12:05 PM	12:56 PM
Turn Right on Central Ave.	Right Hand (Westbound) Curb Lane	22.87	10:00 AM	12:15 PM	1:08 PM
Turn Right on Pecan Ave.	Unrestricted – All Lanes	23.05	10:01 AM	12:17 PM	1:10 PM
Turn Right on Chestnut Ave.	Unrestricted – All Lanes	23.38	10:03 AM	12:21 PM	1:15 PM
Turn Left on Thomas Ave.	Unrestricted – All Lanes	23.45	10:04 AM	12:22 PM	1:16 PM
Turn Left on Kennon St.	Unrestricted – All Lanes	23.71	10:05 AM	12:25 PM	1:19 PM
Turn Left on Hawthorne Ln.	Unrestricted – All Lanes	23.82	10:06 AM	12:26 PM	1:21 PM
Turn Right on Central Ave.	Two Westbound lanes	24.50	10:10 AM	12:34 PM	1:30 PM
Bear Left on Central at 10th	Two Westbound Lanes	24.70	10:11 AM	12:36 PM	1:33 PM
Turn Right on 7th St.	All Westbound Lanes	25.10	10:13 AM	12:41 PM	1:38 PM
Turn Left on McDowell St.	Two Southbound Lanes	25.35	10:15 AM	12:44 PM	1:42 PM
Clear Trade on McDowell		25.60	10:16 AM	12:47 PM	1:45 PM
Clear 3rd on MsDowell		25.75	10:17 AM	12:48 PM	1:47 PM
Turn Right on 2nd St. to Finish	Unrestricted – All Lanes	25.90	10:18 AM	12:50 PM	1:49 PM
Finish on E.MLK at Davidson St. Intersection		26.20	10:20 AM	12:54 PM	1:54 PM

Neighborhood Color Code Key

Eastover
Foxcroft
Myers Park
Dilworth
SouthEnd
Wilmore
Gateway
NoDa
Plaza - Midwood